



health & FAMILY is pleased to present:

addiction... Road to recovery



Addiction is:

- ✓ A disease
- ✓ Both mental and physical
- ✓ Identifiable
- ✓ Chronic
- ✓ Progressive
- ✓ Fatal if not treated

Addicts are often looked at with fear and discrimination, even on the road to recovery. Often, a recovering person will endure the "shame game," which conveys to be built back up, they must first be broken down.

"The patient has probably done enough of beating themselves down, and needs an environment where they can start building themselves up from where they are."

The words of Jonathan Saul, Executive Director of Brighton Recovery Center, create a new kind of philosophy towards recovery: one that promotes individualized care, family support and involvement, and a community integration. With the use of dual diagnosis treatments, both the mental health issues and the substance use disorder can be treated at the same time.



"Road To Recovery" features Executive Director Jonathan Saul and counselor Michael Herbert, as well as Cody, a recovering addict. Watch this insightful program at: www.HealthandFamily.net/Addiction

If you or a loved one is struggling with addiction, speak to a health care professional and get the information and community support you need by visiting the Brighton Recovery Center online at: www.BrightonRecoveryCenter.com



This education initiative is brought to you with the support of Brighton Recovery Center (US).

